



## SheSAILS @ LMYC



LMYC crew: Kathi Johnson, Eleanor Cunningham, Susie Wright  
Competing in the SheSAILS@NCYC - Open Regatta - Newcastle Harbour  
Photo: Glenn Hickey



## WOMEN'S SAILING AT LMYC

For over 90 years, Lake Macquarie Yacht Club (LMYC) has supported women in sailing & mixed crews are common at LMYC. The first women's trophy, proudly displayed in the club trophy cabinet, was presented in 1930.

Our club annually includes a **Lady Skipper Series** (6 races) in our Friday Twilight races & awards the **Lady Sailor of the Year** trophy at our annual presentation night.



Winner of the Lady Skipper Series 2021  
Lateisha Bower with Commodore Geoff Edman



Lady Sailor of the Year 2021- Karen Croxon

Today, we are excited to be involved in the national **SheSAILS** program co-ordinated by Australian Sailing (AS).

Our vision is to:

- Promote & encourage women in sailing AND
- Increase opportunities for women to get out on the water

**We are grateful for the generous support of our sponsors**



HILLIER'S  
ADVISORS



## ACKNOWLEDGEMENT

**SheSAILS** was an original initiative developed by Jan Howard & Mary Holley at Newcastle Cruising Yacht Club (NCYC). Fittingly, Jan & Mary's commitment to women's sailing was acknowledged by AS when their program was adopted nationally.



Jan & Mary

More information about **SheSAILS** at NCYC is found here:  
<https://www.ncyc.net.au/sailing/shesails/>

# For a little inspiration

Australian Sailing - She Sails (Sponsored by Hamilton Island)

[www.shesails.org.au](http://www.shesails.org.au)

The Magenta Project - Women sailing in major international events

[www.themagentaproject.org](http://www.themagentaproject.org)

Lisa Blair Sails the World

<https://lisablairsailstheworld.com>

'Maiden' - first all female crew to compete in the Whitbread Around the World Yacht Race

<https://www.youtube.com/watch?v=qQyAHWkelho>

Sailing Elliott 6m WMR Gold Final - Australia v Spain Full Replay - London 2012 Olympics

<https://www.youtube.com/watch?v=AIJlkuLUFQY>

UPCOMING EVENTS TAB

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### 2021 WOMEN'S MIXED FLEET KEELBOAT RACE

LMYC is committed to the involvement & development of women in sailing. In 2020 women's sailing clinics were planned, but then cancelled due to the Covid-19 pandemic, so we are delighted to be in the early stages of organising our **first women's mixed keelboat race**.

Our aim for this event is to give women who enjoy sailing the opportunity to expand their skill set in an encouraging & supportive environment.

**The race day is set for Sunday 14th November 2021**  
**Please save the date & mark this on your calendar**

We will have a fun day of mixed fleet, keelboat racing & of course will celebrate after with raffles & bubbles!

A number of LMYC yachts will be made available to interested crews.

**SI's & NOR** & more detailed information will be available on the **LMYC SheSAILS** webpage in the near future.

**Watch this space!**

<https://lmyc.com.au/she-sails/>

**CONTACT US**

[shesails@lmyc.com.au](mailto:shesails@lmyc.com.au)



LAKE MACQUARIE  
YACHT CLUB

# COME SAIL WITH US

Womens Keelboat Race  
Sunday 14 November 2021

Join us on the Lake for some action  
packed sailing.

Racing will be contested by yachts with all female crews &  
mixed crews with a female helm.

Notice of Race & SI's coming soon ...

Visit [www.lmyc.com.au/she-sails/](http://www.lmyc.com.au/she-sails/) or

email: [shesails@lmyc.com.au](mailto:shesails@lmyc.com.au) for more information



SAVE THE DATE



NEW TAB

PHOTOS



Winter Series racing at LMYC 2021 - our first ever all-female crew



A few of our skippers