COMBINED OCEAN POINTSCORE

NEWCASTLE CRUISING YACHT CLUB
LAKE MACQUARIE YACHT CLUB

SAILING INSTRUCTIONS

2017 / 2018
1 RULES

1.1 The event will be governed by the rules as defined in The Racing Rules of Sailing (RRS) and the prescriptions and amendments made by Australian Sailing.

1.2 Yachts shall comply with the 2017-2021 Australian Sailing Special Regulations:
   - Category 4 for events sailed outside of Lake Macquarie
   - Category 7 for events sailed within Lake Macquarie

2 RACE CONDITIONS

2.1 Newcastle Harbour is a very busy commercial port. A motor may be used by a yacht when while racing to keep out of the way of commercial shipping (i.e. move out of the channel when a ship is approaching). RRS 42.3(i) allows propulsion using an engine, provided the boat does not gain significant advantage in the race.

2.2 All boats racing at NCYC will have engines running when within the Harbour and when within 500m to seaward of the entrance during departure and arrival. A boat that cannot manoeuvre safely, and is in danger of hindering any commercial shipping, shall only use her engine FOR PROPULSION to clear such shipping. This changes RRS 42. Competitors are reminded that a restricted navigation zone exists on approach to and within Newcastle Harbour (refer to Chart AUS207)

2.3 If when racing with NCYC, a yacht receives a “5 horn blast” from commercial shipping (meaning “I am in doubt about your action taken to avoid a collision”), the offending boat may be disqualified from that race without a hearing. This changes RRS Appendix A5.

2.4 Crews are reminded that Newcastle Harbour and approaches are a restricted navigation zone. Recreational yachts need remain clear of commercial shipping. Sailing Instruction 15.2 provides the ability for race yachts to use their engines to move away from commercial shipping without incurring a penalty.
2.5 The Organizing/Conducting Authorities will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during or after these races.

2.6 Competitors participate in the COP entirely at their own risk. Attention is drawn to RRS 4.

3 NOTICES TO COMPETITORS

3.1 Notices to competitors will be posted on the official notice board of the Conducting Authority of the event which it will affect. The Official Notice Board can be located:
   - At NCYC, on the ground floor of the Clubhouse – in the corridor leading to the side entrance.
   - At LMYC, in the LMYC Auditorium.

3.2 The race frequency for events conducted by Newcastle Cruising Yacht Club shall be VHF Ch 77. This channel may be used by the race committee to communicate with competitors and/or broadcast general information throughout the event.

4 CHANGES TO SAILING INSTRUCTIONS

4.1 Competitors attention is drawn to the fact that races in this series have been amalgamated with other events. Due to this, the events conducted by LMYC and RMYC Toronto will be raced using separate Sailing Instructions. That is, these Sailing Instructions are specific to events conducted by NCYC.

4.2 Any change to the Sailing Instructions will be posted on 0800 hrs on the day it will take effect, except that any change to the schedule of races will be posted by 2000 hrs on the day before it will take effect and will be posted on the Official Notice board of the Conducting Authority of the event(s) to be affected.

5 SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed from the flag pole. The event flag pole will be:
   - At NCYC, on the Floating Shed located on F-arm of the marina.
   - At LMYC, on the Race Committee Box located at the South-Western corner of the marina.
   - At RMYC Toronto, at the location described in the Heaven Can Wait Sailing Instructions.

5.2 For events conducted by NCYC, when flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 60 minutes’ in the RRS Race Signals.
### SCHEDULE OF RACES

6.1 *This schedule is indicative only and may be varied at the discretion of the Race Committee:*

<table>
<thead>
<tr>
<th>Date</th>
<th>Conducting Authority</th>
<th>Event Description</th>
<th>Start Location</th>
<th>Finish Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>18 – Nov – 2017</td>
<td>NCYC</td>
<td>COP Race 1</td>
<td>Newcastle</td>
<td>Port Stephens</td>
</tr>
<tr>
<td>19 – Nov – 2017</td>
<td>NCYC</td>
<td>COP Race 2</td>
<td>Port Stephens</td>
<td>Newcastle</td>
</tr>
<tr>
<td>17 – Feb – 2018</td>
<td>LMYC</td>
<td>RTC Lakefest Friendship Cup COP Race 3, 4</td>
<td>Lake Macquarie</td>
<td>Lake Macquarie</td>
</tr>
<tr>
<td>18 – Feb – 2018</td>
<td>LMYC</td>
<td>RTC Lakefest Friendship Cup COP Race 5</td>
<td>Lake Macquarie</td>
<td>Lake Macquarie</td>
</tr>
<tr>
<td>24 – Feb – 2018</td>
<td>RMYC Toronto</td>
<td>Heaven Can Wait (One Lap Dash) COP Race 6</td>
<td>Lake Macquarie</td>
<td>Lake Macquarie</td>
</tr>
</tbody>
</table>

### RACE DESCRIPTIONS

7.1 For races conducted by NCYC, as described in Appendix 1 and 2 of these Sailing Instructions.

7.2 For races conducted by LMYC, as described in the Sailing Instructions for RTC Lakefest.

7.3 For races conducted by RMYC Toronto, as described in the Sailing Instructions for Heaven Can Wait event.

### CONFLICTS

8.1 For races conducted by LMYC and RMYC Toronto, the COP results are calculated based on the boat’s elapsed times resulting from participation in another series. Where a conflict arises between these Sailing Instructions and the Sailing Instructions issued for the series being sailed, the Sailing Instructions of the event being sailed will take precedence with the exception of Scoring. This includes:

- RTC Lakefest (LMYC)
- Heaven Can Wait (RMYC Toronto)

### CREW DETAILS AND GENERAL DECLARATIONS

9.1 For races conducted outside of Lake Macquarie, to be scored as a starter a boat shall:

9.1.1 At least 2 hours prior to the Warning Signal, lodge with the Conducting Authority’s Sailing Office a Crew List confirming the crew names and emergency onshore contact numbers.

9.1.2 Advise the RCV of intention to race and the number of crew onboard via VHF Channel 77.

9.1.3 ‘Log On’ with Marine Rescue.
9.2 For races outside of Lake Macquarie, to be scored as a finisher a boat shall:

9.2.1 As soon as practical after finishing, lodge a Finish Declaration notice Actual Finish Time with the Conducting Authority. A Finish Declaration notice can be found in Appendix 4 of these Sailing Instructions.

9.2.2 As soon as practical after safely finishing and berthing, contact the Race Officer by mobile phone to inform safe arrival. This also applies to boats retiring from races. Entrants will be advised of the RCV mobile number prior to the Warning Signal.

9.2.3 As soon as practical after safely finishing and berthing, ‘Log Off’ with Marine Rescue.

10 PROTESTS, ARBITRATION AND REQUESTS FOR REDRESS

10.1 Protest forms are available at the Sailing Office of each Conducting Authority. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

10.2 The protest time limit is 90 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today – whichever is later.

10.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and where hearings will be held.

10.4 An arbitration hearing may be called as per RRS Appendix T.

10.5 Protests and Request for Redress shall be heard by a protest committee formed by representatives of both LMYC and NCYC.

11 RECOMMENDED CHARTS

11.1 It is recommended that competitors carry the following charts for each event in addition to electronic charts:

<table>
<thead>
<tr>
<th>Chart Description</th>
<th>Race 1 Redhead to Port Stephens</th>
<th>Race 2 Port Stephens to Newcastle</th>
<th>Race 3, 4, 5 Friendship Cup/RTC Lakefest</th>
<th>Race 6 Heaven Can Wait</th>
</tr>
</thead>
<tbody>
<tr>
<td>Newcastle AUS 208</td>
<td>✔</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Port Stephens AUS 209</td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Port Jackson - Port Stephens AUS 80</td>
<td>✔</td>
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<td></td>
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<tr>
<td>Lake Macquarie AUS 809 (subchart 1)</td>
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<td>✔</td>
</tr>
</tbody>
</table>
12 Safety Equipment Checks

12.1 Equipment Compliance checks may be carried out prior to or after each race by an accredited equipment auditor of either NCYC, LMYC or RMYC Toronto at the discretion of the Conducting Authority.
Appendix 1

COP Race - Race 1
Newcastle – Port Stephens
18 November 2017

This Appendix is to be read in conjunction with the Notice of Race and Sailing Instructions for the COP.

1 Entry

1.1 Online entry via Top Yacht Entry System including crew details is required for NCYC entrants.

1.2 LMYC entrants must submit their crew list, including an onshore contact person and phone number in case of an emergency to NCYC no later than 1700 hrs on Friday 17 November 2017.

3 Log on Procedure

3.1 As per SI 9.1.2, yachts shall log on with the Race Committee Vessel (RCV) on VHF Ch 77 indicating their POB and intention to race.

4 THE START

4.1 The Warning Signal shall be displayed at approx. 1025 hrs on 18th November 2017.

4.2 The Start Line shall be an imaginary line from a mast carrying an Orange Flag on the CV, or from a shore position, displaying the start signals in the vicinity of Scratchley’s Restaurant and the East Cardinal Mark (ECM) opposite.

5 THE COURSE

5.1 The Course is:
Start -- Through Point Stephens Gate -- Finish.

5.2 Competitors are to note SI 2 inclusive.
5.3.1 Point Stephens Gate is an imaginary gate running from Point Stephens Lighthouse at a Bearing of 135° magnetic at a distance of 0.7 nautical miles. The seaward end of Point Stephens Gate is located at approximately 32°45.40 S 152°12.50 E. To sail through Point Stephens Gate yachts must leave the seaward end of the gate to Starboard (i.e. sail between the seaward end of the gate and Lighthouse).

5.3.2 Point Stephens gate area:
6 THE FINISH

6.1 The finish will be between Soldier’s point Breakwall and an orange inflatable buoy at a bearing of due North.

6.2 All yachts shall Finish by crossing the Finish Line in a Westerly direction (i.e. from East to West). That is, sailing between the orange inflatable buoy and Soldiers Point Breakwall.

6.3 Point Stephens Gate may constitute a Finish Line should the Race Committee deem it necessary to shorten the course having regard to the prevailing conditions. In the event that the race is shortened at Point Stephens Gate the RCV will be stationed at the seaward end of the Point Stephens Gate recording finish times and displaying Code Flag S. A Race Declaration will be expected immediately after racing unless the Race Officer states otherwise.
7 Log Off Procedure

7.1 Yachts must log off with the RCV / Finisher immediately after safely berthing after the finish on VHF Channel 77 or by mobile phone as per SI 9.2.2.

7.2 Yachts must also log off with Marine Rescue as per SI 9.2.3.

8 Additional information

8.1 Berthing

8.1.1 Overnight berthing at Soldiers Pt Marina is at an additional cost to competitors. Bookings can be made by calling 02 4982 7445 or email db@soldiersptmarina.com.au

8.1.2 Competitors are responsible for marina bookings.
Appendix 2
COP Race - Race 2
Port Stephens - Newcastle
20 November 2016

This Appendix is to be read in conjunction with the Notice of Race and Sailing Instructions for the COP.

1 ENTRY

1.1 Online entry via Top Yacht Entry System including crew details is required for NCYC entrants.

1.2 LMYC entrants must submit their crew list, including an onshore contact person and phone number in case of an emergency, to the Conducting Authority no later than the 0800 hrs on 19 November 2017.

2 THE START

2.1 The Warning Signal shall be displayed at 0955.

2.2 The Start Line will be between Soldiers Point Breakwall (or a RCV anchored in that vicinity) and an Orange inflatable buoy at a bearing of due North.

3 LOG ON PROCEDURE

3.1 Per SI 12.1.2 yachts shall log on with the Race Committee Vessel (RCV) on VHF Ch 80 indicating their POB and intention to race.

4 THE COURSE

4.1 The Course is:
   Start - Finish ............(by rounding Sygna Mark to Port)

4.2.1 Competitors are to note SI section 2 inclusive.
   Please note: The Finish is in a new position to previous years as a result of shipping movements and the recent installation by NCYC of new fixed offshore marks.

4.2.2 NCYC’s new offshore Sygna Mark is a Floating Yellow Special Mark at approximately 32 53.160 S 151 49.854 E. The Sygna Mark is lit at night with an orange flashing light (1 Sec on / 4 Sec off).
THE FINISH

5.1 The Finish Line for the COP race will be an imaginary line between the RCV and the Sygna Mark. The RCV will be positioned on an approximate bearing of 260° magnetic FROM the mark at approximately 200 metres. This bearing also lines up (approximately) with the apex of Stockton bridge arch.

5.2 LMYC Offshore Series competitors are to note that while 5.1 is the finish for COP Race 2, participants in the LMYC Offshore Pointscore race shall pass through this Finish Line and then continue racing to a Finish Line off Moon Islet as described in LMYC Sailing Instructions and Courses 2017 - 2018.

5.3 All competitors attention is drawn to SI 9.2.2 and 9.2.3 after finishing.

5.4 In the event that a RCV is not on station to finish the race yachts will round the fixed Sygna Mark to Port and declare their Actual Finish Time of rounding the mark.

6 Log Off Procedure

6.1 Yachts must log off with the RCV / Finisher immediately after safely berthing after the finish on VHF Channel 77 or by mobile phone as per SI 9.2.2.

6.2 Yachts must also log off with Marine Rescue as per SI 9.2.3.
Appendix 3

Newcastle Harbour
Safety Booklet Acknowledgement Form
2017 - 2018

Yacht Name: _______________________________________

We being Skipper and Crew Member on the abovementioned yacht acknowledge that we have read the Newcastle Harbour Safety Information Booklet and understand our obligations in relation to commercial shipping while sailing in and on approach to the Port of Newcastle.

_________________________  ______________________
Signed                    Signed

_________________________    ______________________
Skipper Name              Crew Member Name

_________________________
Date

Once completed please return to NCYC’s Sailing Office.
Fax: 02 4940 8166
Email: sailing@ncyc.net.au

Safety information booklet is available by clicking on the picture, downloading here http://ncyc.net.au/wp-content/uploads/2009/07/safetyinfoobooklet.pdf or by calling NCYC on 02 4940 8188
Appendix 4

COP RACE DECLARATION FORM

I hereby declare that I was the skipper of:

Yacht: ___________________________  Sail Number: ___________________________
Race: ___________________________  Date: ___________________________

1. The Actual Finish Time (i.e. Australian Daylight Saving Time) for the race was:

: :  Hrs
Hours  Mins  Sec

ACCURATE TIMING IS ESSENTIAL
Record in 24 Hour Time
Ring 1194 for Australian Daylight Saving Time

Yacht finishing in front of me (if known) was: ___________________________

Yacht finishing behind me (if known) was: ___________________________

2. My yacht complied with:

1) The Notice of Race & Sailing Instructions
2) The Racing Rules of Sailing (RRS)
3) The Yachting Australia Category 4 Special Regulations

3. Other Comments / Declarations:

__________________________________________________________________________________________________
__________________________________________________________________________________________________
__________________________________________________________________________________________________
__________________________________________________________________________________________________

Signed (Skipper): ___________________________  Date: ___________________________