

Adams 10 Metre Class 2019 Australian Championship

25, 26, 27 & 28 January 2019

*Conducted by Lake Macquarie Yacht Club
as the Organising Authority on behalf of the
Adams 10 Metre Class Association of Australia*

SAILING INSTRUCTIONS



1. RULES

- 1.1 The Championship will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 The Special Regulations of Australian Sailing (AS) shall apply and each yacht shall provide a current and valid Equipment Compliance Audit to Category 7 or higher certified by an AS Special Regulations Equipment Auditor.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board(s) located outside the Lake Macquarie Yacht Club Sailing Office.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagpole located on the Race Committee Box located on the Southwest corner of the marina.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.
- 4.3 RRS 40 applies when 'Y' Flag is flown

5. SCHEDULE OF RACES AND EVENTS

- | <i>Date</i> | <i>Time</i> | <i>Event</i> |
|-----------------------------------|-------------|---|
| Friday 25 th January | 1825 | Practice race (not part of series) |
| Saturday 26 th January | 0900 | Adams 10 Metre Class Association AGM,
Briefing and Scrutineering |
| | 1230 | Racing - First Warning Signal |
| Sunday 27 th January | 1230 | Racing - First Warning Signal |
| | Post-race | Championship Dinner |
| Monday 28 th January | 1230 | Racing - First Warning Signal |
| | Post-race | Trophy Presentation |
- 5.2 Seven (7) races are scheduled.
 - 5.3 A maximum of four (4) races may be sailed on each day of racing.
 - 5.4 On the last scheduled day of racing no warning signal will be made after 1600 hours.

6. CLASS FLAGS

The class flag will be Code Flag 'T'.

7. RACING AREAS

Attachment A shows the approximate location of racing areas.

8. THE COURSES

- 8.1 The diagrams in Attachment B show the courses, including the approximate angles between legs, the order in which marks are to be passed and the side on which each mark is to be left.
- 8.2 No later than the warning signal, the race committee signal boat will display the approximate compass bearing of the first leg.
- 8.3 In the event that either 2s or 2p is not in place, boats shall round the existing leeward mark to port.

9. MARKS

- 9.1 Mark 1 shall be a Blue drum, approximately 900mm in height and 600mm in diameter with an Orange skirt.
- 9.2 Mark 1a shall be a Blue drum, approximately 900mm in height and 600mm in diameter with a Green skirt.
- 9.3 Marks 2s and 2p shall be Blue drums, approximately 900mm in height and 600mm in diameter with Orange skirts.
- 9.4 Change Mark 1 shall be Blue drum, approximately 900mm in height and 600mm in diameter with a White skirt.
- 9.5 The starting and finishing mark will be a Dan Buoy mark displaying code flag 'O'.

10. AREAS THAT ARE OBSTRUCTIONS

- 10.1 Boats shall pass cardinal marks on their safe water side.
- 10.2 Boats must keep a 30 metre clearance of all moorings and may not sail between moorings and the shoreline

11. THE START

- 11.1 The starting line will be between a staff displaying an orange flag on the committee vessel and the starting mark.
- 11.2 A boat starting later than ten minutes after her starting signal will be scored "Did Not Start" without a hearing. This changes rules A4, A5 and 35.

12. CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1 To change the next leg of the course to windward, the race committee will lay the Change Mark 1 in the new position. The offset Mark 1a will not be laid.
- 12.2 To change the next leg of the course to leeward, the race committee will move the original mark/s (or the finishing line) to a new position.

13. THE FINISH

The finishing line will be between a staff displaying a blue flag on the committee vessel and the start/finishing mark.

14. PENALTY SYSTEM

Except in the three boat length zone of a rounding mark Rule 44.1 is changed so that the Two Turns Penalty is replaced by a One Turn Penalty. In the three boat length zone of a rounding mark the Two Turns Penalty shall apply.

15. TIME LIMITS AND TARGET TIMES

- 15.1 Target time for the first boat to finish each race shall be 60 minutes.
- 15.2 Boats failing to finish within ten minutes after the first boat sails the course and finishes will be scored for the finishing place equal to the number of boats that finished, plus 2. This changes RRS 35 and A4.

16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Protest forms are available at the Lake Macquarie Yacht Club Sailing Office. Protests and requests for redress or reopening shall be delivered within the appropriate time limit.
- 16.2 The protest time limit is 90 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room listed on the protest log beginning at the time posted.
- 16.4 Notices of protests by the race committee will be posted to inform boats under rule 61.1(b).
- 16.5 Breaches of instructions 11.2, 18, 21, 22, 23, 24, 25, 26, and 27 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI.
- 16.7 On the last scheduled day of racing a request for reopening a hearing shall be delivered:
 - (a) Within the protest time limit, if the requesting party was informed of the decision on the previous day;
 - (b) No later than 30 minutes after the requesting party was informed of the decision on that day.This changes rule 66.
- 16.8 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.
- 16.9 The penalty, if any for any infringement of the rules (including the Class Rules and AS Special Regulations) is at the sole discretion of the Jury in consultation with the class representative and may be other than disqualification. This changes RRS 64.1

17. SCORING

- 17.1 The Low Point scoring system, RRS Appendix A2, will apply.
- 17.2 Three (3) races are required to be completed to constitute a series.
- 17.3 When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
- 17.4 When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

18. SAFETY REGULATIONS

- 18.1 Check-In: Each vessel intending on racing on a race day shall sail past the stern of the race committee boat on starboard, hail their intention to race and advise the number of persons on board prior to the warning signal.
- 18.2 A Boat retiring from a race or leaving the course shall contact the race committee by both sailing past the stern of the RCV and hailing the race officers, or via radio on VHF Channel 71, or by phone 0414450022.

19. REPLACEMENT OF CREW OR EQUIPMENT

- 19.1 Substitution of competitors will not be allowed without prior written approval of the race committee.
- 19.2 Substitution of damaged or lost equipment will not be allowed unless authorised by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

20. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat may be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

21. ADVERTISING

Boats may be required to display advertising supplied by the organising authority as directed at registration.

22. OFFICIAL BOATS

Official boats will display a LMYC burgee.

23. HAUL-OUT RESTRICTIONS

Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

24. DIVING EQUIPMENT AND PLASTIC POOLS

Boat bags must be left open and no chlorine shall be used between the preparatory signal of the first race and the end of the regatta. No diving/Breathing apparatus may be used at any time.

25. RADIO COMMUNICATION

- 25.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.
- 25.2 The Race Committee shall communicate to the fleet via VHF channel 71.

26. PRIZES

Prizes will be given as follows:

- One Design - First Place (perpetual trophy)
 - One Design - Second & Third Places
 - Wooden Seat - First Place (perpetual trophy)
- Additional prizes may be awarded at the discretion of the Organising Authority

27. DISCLAIMER OF LIABILITY

The Owner (Charterer) and each Crew member:

- 27.1 Acknowledges and accepts the risks (including the risk of harm to persons and property and the risks associated with the perils of the sea and the seaworthiness of any boat) associated with participation in this regatta and waives all rights against and releases the Lake Macquarie Yacht Club, Adams 10 Class Association, any sponsors and their respective officers, employees, volunteers and members in respect of any loss of life or injury to persons, or loss of or damage to property, suffered in connection therewith;
- 27.2 Acknowledges that participation in this regatta by him or her is on the basis that participation is entirely at his or her risk and responsibility and that the Lake Macquarie Yacht Club, Adams 10 Class Association, any sponsors and their respective officers, employees, volunteers and members are not responsible for any boat or its crew;
- 27.3 Acknowledges and agrees that this form is governed by the laws of Australia and that any liability for harm to persons that results from breach of an express or implied warranty that this regatta and all services relating thereto will be conducted or rendered with reasonable care and skill is excluded.
- 27.3 Competitors participate in the regatta entirely at their own risk. The Organising Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.
- 27.4 Competitors' attention is drawn to RRS 4 'Decision to Race'. "The responsibility for a boats' decision to participate in a race or to continue racing is hers alone."

28. INSURANCE

- 28.1 The safety of a boat and her entire management shall be the sole inescapable responsibility of the Owner/Charterer/Owners' representative. It is the responsibility of the Owner to provide insurance for the yacht covering eventual damage to persons or property.
- 28.2 The boat is required to hold adequate insurance including third-party insurance of minimum cover of \$10,000,000 AUD, and it is the Owner's or Owners' representative's sole and inescapable responsibility to ensure that the insurance is in place and is adequate prior to participating in this event.

FURTHER INFORMATION

For further information please contact:

Adams 10 Metre Class Association

Mr. Mitchell Miller (Secretary)

Email: adams10m@yahoo.com.au

Web: <https://www.facebook.com/Adams10m>

Lake Macquarie Yacht Club

ADA Street

Belmont, NSW 2280

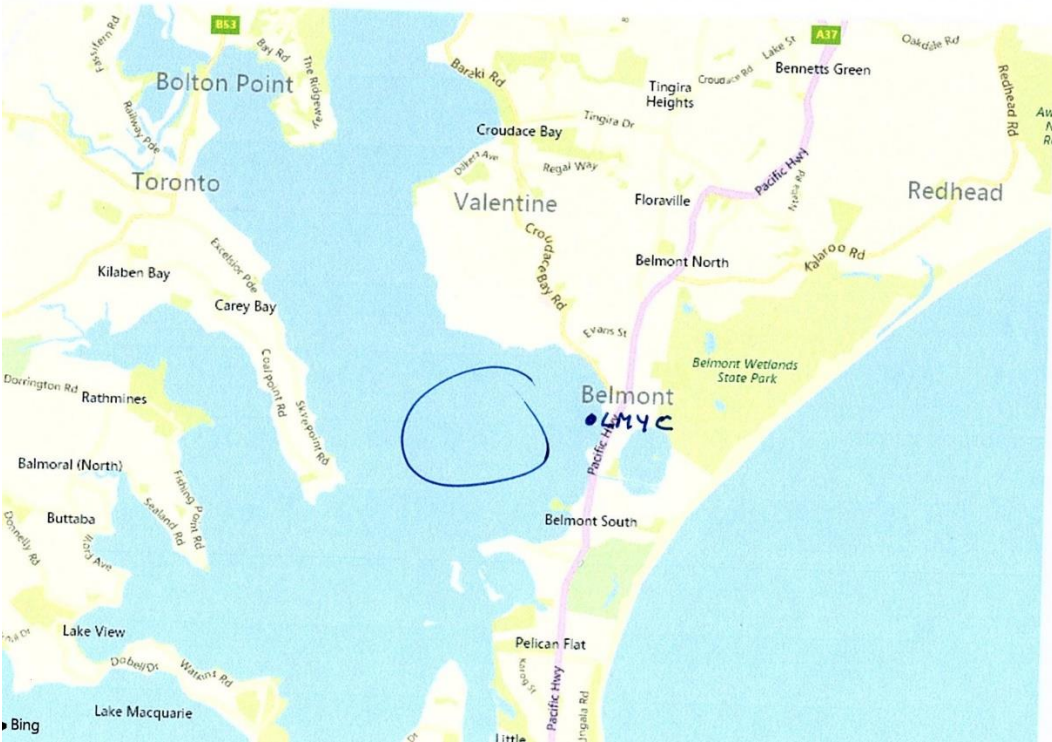
Postal: PO Box 150 Belmont NSW 2280

Phone: (02) 49450022

Email: racing@lmyc.com.au

Web: www.lmyc.com.au

ATTACHMENT A – RACING AREA



ATTACHMENT B - COURSES

Code	Course
LA2	Start - 1 - 1a - 2s/p - 1 - 1a - Finish
LA3	Start - 1 - 1a - 2s/p - 1 - 1a - 2s/p - 1 - 1a - Finish

