



VX ONE 2019 NSW State Titles 9th - 10th November 2019

SAILING INSTRUCTIONS

1. RULES

The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS) **2017-2020** and to the **2017 VX One Class Rules**.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at the Sailing Office at the main entrance to the Lake Macquarie Yacht Club.

3. CHANGES TO SAILING INSTRUCTIONS

3.1 Any changes to the Sailing Instructions will be posted before 0900 hours on the day it will take effect, except that any change to the schedule of races will be posted by 1800 hours the day before it will take effect.

3.2 Attention is drawn to SI amendments by code flag L displayed from the flag mast at the main entrance to the clubhouse.

4. SCHEDULE

- **Saturday 9th November** – Races 1 to 4 first warning signal at 1155 hours
- **Sunday 10th November** – Races 5 to 8 first warning signal at 1055 hours

Racing will be a series of up to 8 races conducted over two days with a mix of one and two lap durations. An extra race may be conducted on the Saturday.

4.1 Registration will be from 9am to 10am on Saturday 9th November 2019 in the LMYC Clubhouse.

4.2 A competitors briefing will be held at 1030 hours on Saturday 9th November 2019.

4.3 No race will be started after 1630 hours on any day of the regatta and after 1400 hours on Sunday

5. CLASS FLAG

The Class Flag will be a white flag with the VX One Logo on it.

6. RACING AREA

Racing will be on the waters of Lake Macquarie adjacent to LMYC.

7. COURSES

7.1 The configuration of the courses will be windward/ leeward as shown in Attachment 1.

7.2 Course W1 will be Start, 1, 1a, Finish
Course W2 will be Start, 1, 1a, 2s or 2p, 1, 1a, Finish

7.3 Not later than the Warning signal the RCV will display the course and the approximate magnetic bearing to Mark 1 from the stern of the RCV.

7.4 The course to be sailed will be displayed on a board from the RCV preceded by the letter 'W' to indicate the number of roundings of the windward mark

8. MARKS

The marks are described in Attachment 1.

9. THE START

9.1 Races will be started using rule 26

9.2 The starting line shall be between the signal mast displaying an Orange flag on the RCV and the Outer Distance Mark (ODM).

9.3 An Inner Distance Mark IDM may be set near the RCV, to be taken on the same side as the RCV when starting.

10. CHANGE OF THE NEXT LEG OF THE COURSE

10.1 There will be no course changes during a race.

11. THE FINISH

The finishing line will be between the signal mast bearing a Blue flag on the RCV and the Finish mark bearing a green flag. The finish line will be on the opposite side of the RCV to the start line.

12. PENALTY SYSTEM

For all boats rule 44.1 is changed so that the Two Turn Penalty is replaced by a One Turn Penalty except for infringements in the Zone.

13. PROTESTS

Protests will be lodged on protest forms available at the sailing Office and lodged with LMYC within 1 hour of the last boat finishing the last race of the day.

14. THE SCORING

14.1 The Low Point Scoring System of Appendix A will apply.

14.2 Four (4) races are required to be completed to constitute a series.

14.3 When seven (7) or more races have been completed, a boats series score will be the total of her race scores excluding her worst score.

15. SAFETY ON THE WATER

15.1 All boats will sign on by sailing past the stern of the committee boat prior to the warning signal and calling out their sail number.

15.2 All boats will carry a VHF radio (minimum 5watt) and tuned to channel 72.

15.3 A boat that retires from a race shall notify the race committee as soon as possible on VHF Channel 72 or by sailing past the committee vessel and advising that they have retired.

15.4 Any boat retiring from a race and failing to notify the RO shall be scored DNC without a hearing (Changes RRS 63.1 and A9)

16. REPLACEMENT OF CREW OR EQUIPMENT

16.1 Application for substitution of crew will be in writing and will be at the discretion of the race committee.

16.2 No **crewmember** shall be substituted during an event unless the Jury or Race Committee grants express written consent. If a **crew** substitution is requested, the total **crew** weight shall not change by more than 10 kg.

16.3 Application for substitution for damaged equipment will be made in writing.

17. SAFETY REQUIREMENTS

17.1 Boats shall have as a minimum items listed in the VX One Class Rules C5.1 (a)

18. TRASH DISPOSAL

Boats shall comply with rule 55

19. HAUL OUT

19.1 Boats may haul out after completion of their racing each day.

An area immediately in front of the Club (Marina side), will be reserved for boats that prefer to overnight in the water

20. PRIZES

Prizes will be awarded to 1st, 2nd & 3rd overall.

21. DISCLAIMER OF LIABILITY

12.1 Competitors participate in the Regatta entirely at their own risk and responsibility.

12.2 By lodging an entry participants agree that they will release, hold harmless and indemnify Lake Macquarie Yacht Club and their officials from liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.

12.4 Attention is drawn to Yachting Australia Fundamental Rules 3, Acceptance of the Rules and 4, Decision to Race.

22. INSURANCE

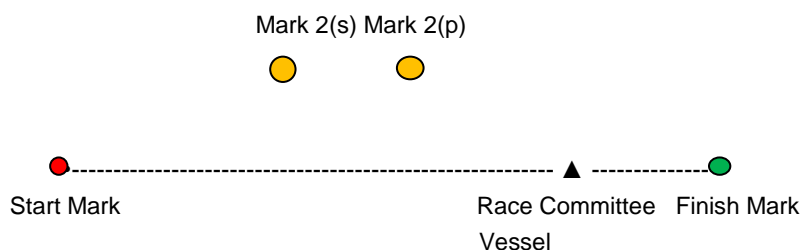
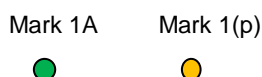
Each participating boat shall be insured with valid third-party insurance with a minimum cover of \$10m. A copy of the policy will be lodged when entering.

Attachment 1.

A1.0 DESCRIPTION OF COURSES

- A1.1 The course to be sailed will be signaled by a Course Board displayed from the stern of the Race Committee Vessel preceded by the letter 'W', to indicate the number of roundings of the windward mark at or prior to the Warning Signal.
- A1.2 Mark 1(p) will be laid to windward of the start line. An additional distance Mark 1A(p) will also be laid approximately 50m from Mark 1
- A1.3 Marks 2(s) and 2(p) will be laid approximately 50 metres to windward of the start line.
If only one 'Mark 2' is laid, boats shall round that mark to port.
 Note: Mark 2 may be laid after the starting signal.

COURSE SIGNAL	COURSE CONFIGURATION
W1	Start – 1p – 1Ap - Finish
W2	Start – 1p – 1Ap - 2(s) or 2(p) – 1p – 1Ap – Finish WIND



A 2.0 DESCRIPTION OF MARKS

MARK	DESCRIPTION
Mark 1(p)	Blue drum with orange skirt, 900mm high and 600mm diameter
Mark 1A (p)	Blue drum with lime green skirt with red band, 900mm high and 600mm diameter
Mark 2(s)	Blue drum with orange skirt, 900mm high and 600mm diameter
Mark 2(p)	Blue drum with orange skirt, 900mm high and 600mm diameter
Start Mark	Danbouy with orange skirt displaying Code flag "O"
IDM	Red danbouy with red flag
Finish Mark	Green Danbouy displaying a Green flag on opposite side of RCV to the start line