



LAKE MACQUARIE  
YACHT CLUB

# NOTICE OF RACE

Come along and enjoy  
this special sailing event  
on beautiful  
Lake Macquarie  
Our focus is to encourage  
women & girls who are  
keen to develop their  
sailing skills in a quality,  
mixed fleet keelboat race



**WOMEN'S KEELBOAT RACE  
16TH JANUARY 2022**

**ADA STREET BELMONT NSW  
shesails@lmyc.com.au  
racing@lmyc.com.au  
P: 49450022**

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## 1 ORGANISING AUTHORITY

1.1 The Organising Authority (OA) is the Lake Macquarie Yacht Club (LMYC)

## 2 VENUE

2.1 The race will be conducted from the LMYC clubhouse – Ada Street, Belmont

2.2 Racing will be conducted on the waters of Lake Macquarie in the vicinity of Belmont Bay using the LMYC fixed rounding marks

## 3 RULES

3.1 The event will be conducted by:

3.1.1 The rules, as defined in the Racing Rules of Sailing 2021-2024 (RRS) of World Sailing

3.1.2 The Prescriptions, Amendments and Special Regulations of Australian Sailing; and

3.1.3 This Notice of Race, except in the event of a conflict with the Sailing Instructions in which case the Sailing Instructions will take precedence.

3.1.4 RRS 44.1 is changed so that only one turn, including one tack and one gybe, is required

3.1.5 A yacht shall be familiar with the LMYC Covid-19 Safety Plan and have submitted an appropriate Skipper Declaration.

1.1 The event is open to non-spinnaker yachts.

## 4 ELIGIBILITY

4.1 All participants are encouraged to meet the eligibility requirements of RRS 46 by being a member of a club affiliated with Australian Sailing.

4.2 To enter this event, crews shall consist of a minimum of 50% female crew including a female helm.

4.3 **All boats must have a current Cat 7 safety certificate and a minimum of \$10 million in third party insurance**

## 5 RACE ENTRY

5.1 Teams may enter the race by using the LMYC on-line entry system by 2400hrs Monday 10th January 2022

<https://lmyc.com.au/online-race-entries/>

## 6 SCHEDULE

Date	Time	Event
Sunday 16th January 2022	0930	Registration Desk opens
	1030 hours	Race Briefing - compulsory for all skippers & recommended for all crew.
	1225	First Warning Signal
	ASAP After Racing	Celebratory bubbles, raffle draw & prize giving

## 7 SAILING INSTRUCTIONS (SI's)

**7.1** The Sailing Instructions will be posted on the event webpage by 1200 hrs on Monday 10th January 2022 <https://lmyc.com.au/sailing-instructions/>

## 8 THE YACHTS

**8.1** Yachts to be used for the race will be self-righting keelboat design or Multihulls that are resistant to capsize & will be allocated an appropriate racing handicap

**8.2** A number of LMYC yachts will be available for use in the race

**8.3** Yachts may be assigned to teams on request. Some conditions may apply (e.g. owner to be onboard during the race)

## 9 SCORING

**9.1** The Low Point Scoring System of RRS Appendix A4, A5.3 will apply.

## 10 PRIZES

**10.1 Prizes** will be awarded in the Clubhouse ASAP after racing is completed and boats and equipment have been packed away

**10.2 Prizes** will be presented to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place

**10.3 Additional** prizes may be presented at the discretion of the OA.

## **11 DISCLAIMER**

**11.1 All** those participating in the series do so at their own risk and responsibility. Competitors must acknowledge this prior to participating and release the LMYC and its sponsors and their respective officers, employees, volunteers and members from all liability by completing the online registration form as a part of the entry process. Specific attention is drawn to RRS Fundamental Rule 3, which states: *"The responsibility for a boat's decision to participate in a race or to continue racing is hers alone"*

**11.2 The** conditions of entry include that competitors acknowledge that the OA owns all media rights to the event and may exercise those rights as it sees fit and that the OA has the unconditional perpetual right to publish and broadcast any media, photographs, video and audio recordings of boats and/or participants during the event.

## **12 FURTHER INFORMATION**

**12.1** Email: [racing@lmyc.com.au](mailto:racing@lmyc.com.au)

**12.2** Phone: (02) 49450022 (ask for the Sailing Administrator)

**12.3** Web: <https://lmyc.com.au/she-sails/>